

Lab 2 : Seizsmart Product Specification

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**1: Introduction**

A seizure is defined as an unanticipatedly abrupt surge of electrical activity in the brain. The way that an individual acts or appeared can be affected for a brief period of time during a seizure, for example with involuntary movements. Some commonly seen indicators that an individual is having a seizure involve the individual shaking or falling. Another indication that an individual is experiencing a seizure would be seeming oblivious to their surroundings. The nerve cells in the brain go through complex chemical changes which cause the abrupt surge of electrical activity. During a seizure, a disturbed brain cell can negatively affect the other brain cells' cognitive motor functions by either suppressing them and stopping them from sending messages to other brain cells or by exciting them and speeding them up. Figure 1 shows some statistics of epilepsy and some problems that patients face regarding epilepsy.

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# What is the **IMPACT** of epilepsy?

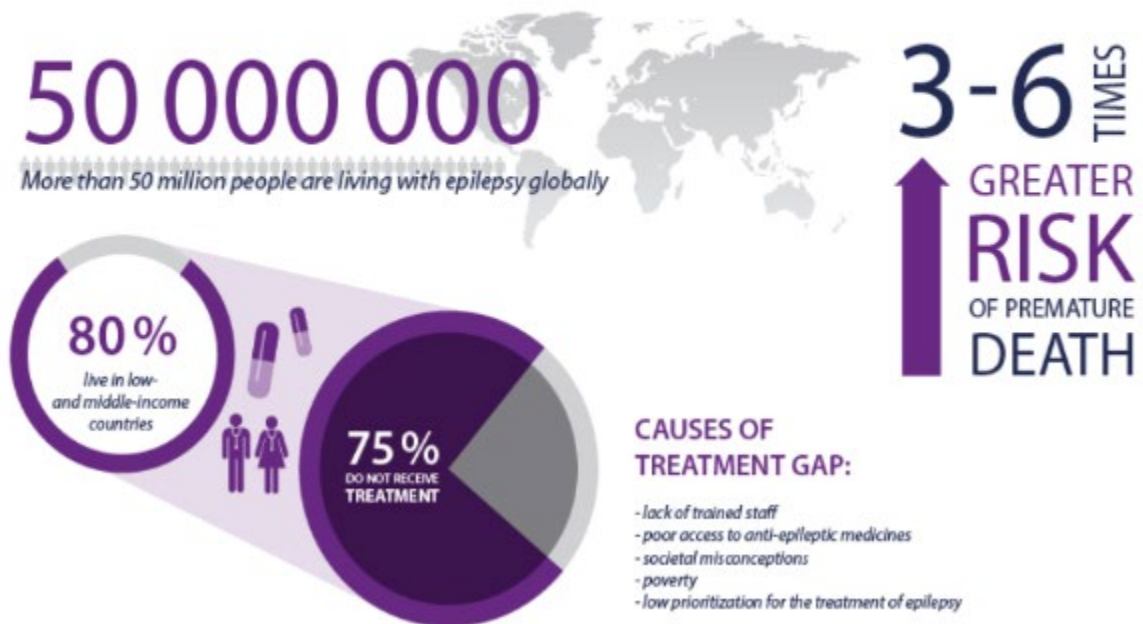


Figure 1: Background of epilepsy

Epilepsy is a disorder that is comprised of a group of different types of seizures. Diagnosis of epilepsy is determined when an individual has had two or more seizures. The groups of people affected by epilepsy span all ages. In addition to being diagnosed with epilepsy, approximately 25% of the individuals in that diagnosis group also have characteristics of generalized tonic-clonic seizures<sup>[4]</sup>. Individuals who are autistic, have suffered from a head infection or head trauma, and have suffered from a stroke are more likely to be affected by epilepsy. By 2020, cases of epilepsy are expected to increase further<sup>[10]</sup>. From 2014-2019, cases of epilepsy have increased<sup>[10]</sup>. Epilepsy is labeled the fourth most common neurological disease in the world<sup>[5]</sup>. Seizures are classified under one of two groups: generalized seizures and focal seizures.

Generalized seizures cause both sides of an individual's brain to be disrupted. Six common types of Generalized seizures are Absence, Tonic, Clonic, Tonic-clonic, Atonic, and Myoclonic seizures. Their attributes will be described: Absence seizures, which are also called Petit Mal seizures, are characterized by the individual staring into space or blinking rapidly, also an individual can become detached from their surroundings and sometimes becomes unresponsive to the people around them, they commonly last for a few seconds, and an individual may not remember experiencing one; tonic seizures are occurring when an individual experiences muscle tension in the arms and legs for 20 seconds; Clonic seizures are present when an individual experiences spasms of the muscles often causing the arm, face, and neck muscles to rhythmically jerk; Tonic-Clonic seizures are a combination of Tonic and Clonic seizures and are also called Grand Mal seizures; the common symptoms of Tonic-Clonic seizures include: an individual having spasms or muscle jerks, an individual losing consciousness, an individual falling to the ground, an individual crying out, and an individual feeling drowsy or tired; Tonic-Clonic seizures last from 1- 3 minutes and can also cause an individual to lose bladder or bowel control; Atonic seizures are characterized by the limping of an individual's muscles causing them to drop what they are holding or causing them to fall; An individual's head may also lean forward during Atonic seizures and they usually last for 15 seconds but happen multiple times in succession; Myoclonic seizure symptoms are mainly described as an individual's muscles abruptly jerking as if they have been shocked . These are the six common types of Generalized seizures.

Focal seizures are also called Partial seizures and as the name implies, they only occur in one part of the brain. There are 3 main types of Focal seizures: Simple focal, Complex focal, and Secondary generalized. Simple Focal seizures cause a disruption or an interference that alters

how an individual's senses read everything around them. An individual usually notices a strange taste in smell or taste and can sometimes become dizzy and see light flashes. Complex Focal seizures are characterized by an individual crying, gagging, smacking their lips, laughing, or losing consciousness while looking awake. Complex Focal seizures could take several minutes before they end. Secondary generalized seizures are characterized by an individual usually having a Focal seizure followed by a Generalized seizure. Symptoms of a Secondary generalized seizure mimic the symptoms of Generalized seizures such as muscle slackness or convulsions.

### 1.1: Purpose

Seizsmart will be designed to provide up to date seizure tracking information during the onset of a seizure for patients and this information will be used to send alert notifications to emergency contacts so that they can respond in a timely fashion.

Seizsmart will be designed to implement an improved, wearable seizure detection tool that will only need to employ off-the-shelf smartwatch technology. The software tool will be designed to record and track all information encompassing a seizure event. Seizsmart will deliver automatic notification of seizure events to emergency contacts without the requirement and dependency of a relay device. An algorithm that uniquely matches an individual's patient seizure characteristics will be developed to aid Seizsmart in its seizure detection. Seizsmart will be developed analyse motion metrics and heart rates combined to automatically detect epileptic seizures.

This product is generally being developed for individuals who experience seizures. The target customers will be medical providers and anyone who is concerned about the individual with generalized seizures. The target end users are the individuals who experience seizures.

Seizsmart will not detect or attempt to make predictions of seizures in advance of known symptoms. Seizsmart is not intended for use as a prevention, monitoring, diagnosis or treatment device for epileptic seizures and is not a medical device. Seizsmart will not be able to detect absence seizures. Table 1 depicts the competition matrix.

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Competition Matrix	Direct			Indirect		
	SeizSmart	SmartMonitor	empatica embrace 2	SeizAlarm	Epilepsy Journal	Epilepsy Health Storylines
Detect, record and track generalized seizures in real time	✓	✓	✓	✗	✗	✗
Monitor repetitive shaking motion	✓	✓	✓	✓	✗	✗
Continuously monitor the user's heart rate	✓	✗	✗	Only checks for elevated heart rate	✗	✗
Alert emergency contact when the user does not respond	✓	✓	✓	✓	✗	✗
Report data about the environment at the onset of a seizure being detected	✓	✗	✗	✗	✗	✗
Function fully without dependence on a smartphone or external device	✓	✗	✗	✗	✗	✗
Use machine learning to detect generalized seizures	✓	✗	✓*	✗	✗	✗
Require a subscription or prescription	✗	✓	✓	✗	✗	✗

Table 1: Competition Matrix

A top level description of the prototype as it relates to the goals that were set for the end product will be detailed. The capabilities of the prototype will be reduced. Real world data will



be simulated. Potential seizures will be detected based on a threshold. Table 2 depicts the Prototype vs. Real World Product Matrix.

Functional elements	Real World Product	Prototype
Detect generalized seizures in real time	Fully Functional	Implemented through simulation
Record generalized seizures in real time	Fully Functional	Implemented through simulation
Track generalized seizures in real time	Fully Functional	Implemented through simulation
Monitor repetitive shaking motion	Fully Functional	Fully Functional
Continuously monitor the user's heart rate	Fully Functional	Fully Functional
Alert emergency contact when the user does not respond	Fully Functional	Fully Functional
Collect data about the environment at the onset of a seizure being detected	Fully Functional	Fully Functional
Use machine learning to detect generalized seizures	Fully Functional	Implemented through simulation
Fully functional without dependence on a smartphone or external device	Fully Functional	Fully Completed

*Table 2: Prototype v. Real World Product Matrix*

### 1.2: Scope

In general, the goal of the technology to be developed is to record, track, and detect generalized seizures. Body motion and heart rate characteristics will be evaluated using machine learning technology in order to establish a seizure profile for each patient. Seizmart’s technology is intended to be able to monitor body motion and heart rate performance continuously. The combination of body movements and heart rate will be used for detection indication. During the onset of a seizure, any available data about the environment will be collected. There will be an available option for first responders and emergency contacts to be notified automatically when it is appropriate. The smartwatch will send notifications directly to emergency contacts so it will not have to rely on a relay device to send notifications to emergency contacts. In order to make the detection process unique for each end-user, a trained neural network will be utilized.

Optimized hardware flexibility and detection performance is one benefit that an end user would reap from using this technology. The end user's individual seizure profile will provide more accurate and customized seizure detection information. Emergency response notifications will be editable according to the user's preferences. Seizsmart will be compatible with IOS and Android smartwatch technology without the need for specialized hardware. The technology will be available without the requirement of prescription or subscription services. Seizsmart will be able to function without the requirement of a relay device and notification of emergency contacts will be available when they are needed the most.

### 1.3: Definitions, Acronyms, and Abbreviations

1. Absence(Petit Mal) seizure: This type of seizure has symptoms of rapid blinking or staring into space.
2. Artificial Intelligence(A.I.): Artificial intelligence is the application of rapid data processing,machine learning ,predictive analysis, and automation to simulate intelligent behavior and problem solving capabilities with machines and software.
3. Atonic seizure: This type of seizure causes an individual's muscles to go limp.
4. Clonic seizure: This type of seizure causes the muscles to spasm and jerk rhythmically
5. Complex focal seizure: This type of seizure can make a person confused or dazed. Individuals are also unresponsive for a few minutes.
6. Deep Learning: Deep learning is part of a broad family of methods used for machine learning that are based on learning representations of data. Deep learning is a specific approach used for building and training neural networks.
7. Emergency Contact: Anyone who cares for a patient; Usually family members.
8. Epilepsy: This is a disorder of the brain and usually is characterized as a group of seizures.
9. Focal(Partial) Seizure: Generally located in one area of the brain.
10. Generalized Seizure: Generalized seizures are seizures that affect both sides of the brain.
11. Machine Learning: Machine learning involves the construction of algorithms that adapt their models to improve their ability to make predictions. Computers learn and act without being explicitly programmed to do so.

12. Myoclonic seizure: This type of seizure causes an individual's muscles to jerk as if they had been shocked.
13. Patient: An individual who experiences generalized seizures. May also be referred to as the end user.
14. Secondary generalized seizure: This is usually characterized as a focal seizure followed by a generalized seizure.
15. Seizure: A seizure is a sudden surge of electrical activity in the brain that causes disruption and involuntary movements.
16. Seizure Profile: Personalized for each patient, describes information regarding the individual's typical seizure, such as physical indicators, or their typical threshold for specific biometrics during a seizure. The seizure profile is used to provide more accurate seizure detection. Technically; a matrix of weights computed from training data used to classify new inputs as seizure or non-seizure related.
17. Simple focal seizure: These seizures generally cause a strange sense of taste or smell.
18. Smartphone: A smartphone is a cell phone that includes additional software functions, for example, an email and an internet browser Smartwatch: A smartwatch is similar to a smartphone and is a wearable computing device which allows text message viewing as a feature.
19. Tonic-clonic(Grand Mal) seizure: Makes a person cry out, lose consciousness, fall to the ground, or muscle jerks or spasms.
20. Tonic seizure: This type of seizure causes an individual's muscles to tense up.

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### 1.5: Overview

The hardware requirements, development tools, and software tools will be detailed in this section. The hardware requirements for the prototype will be an accelerometer, a gyroscope, wifi, and an optical heart-rate sensor. The development tools for the Android application will be Java, Android studios, SQLite, Gradle, Git, Gitlab, and JUnit. The software tools needed to run the server are: Java , Vim, HTML5/CSS/JS, MySQL, Gradle, Git, Gitlab, and JUnit.

## 2: General Description

The Prototype Architecture of Seizsmart will include a smartphone, smartwatch, and database.

### 2.1: Prototype Architecture Description

The major components of Seizsmart are listed as follows:

- Smartphone: The smartphone will provide a means for Seizsmart patients to setup and update seizure tracking, reporting, and emergency contact information. The patient will also be able to view data collected during the onset of a seizure.
- Smartwatch: The smartwatch will provide a means for Seizmart patients to detect, record, and report seizures using heart rate, accelerometer, gyroscope, and environment values.
- Database Server: This will store the emergency contacts and logged seizures.



Figure 7 depicts a diagram breakdown of the components.

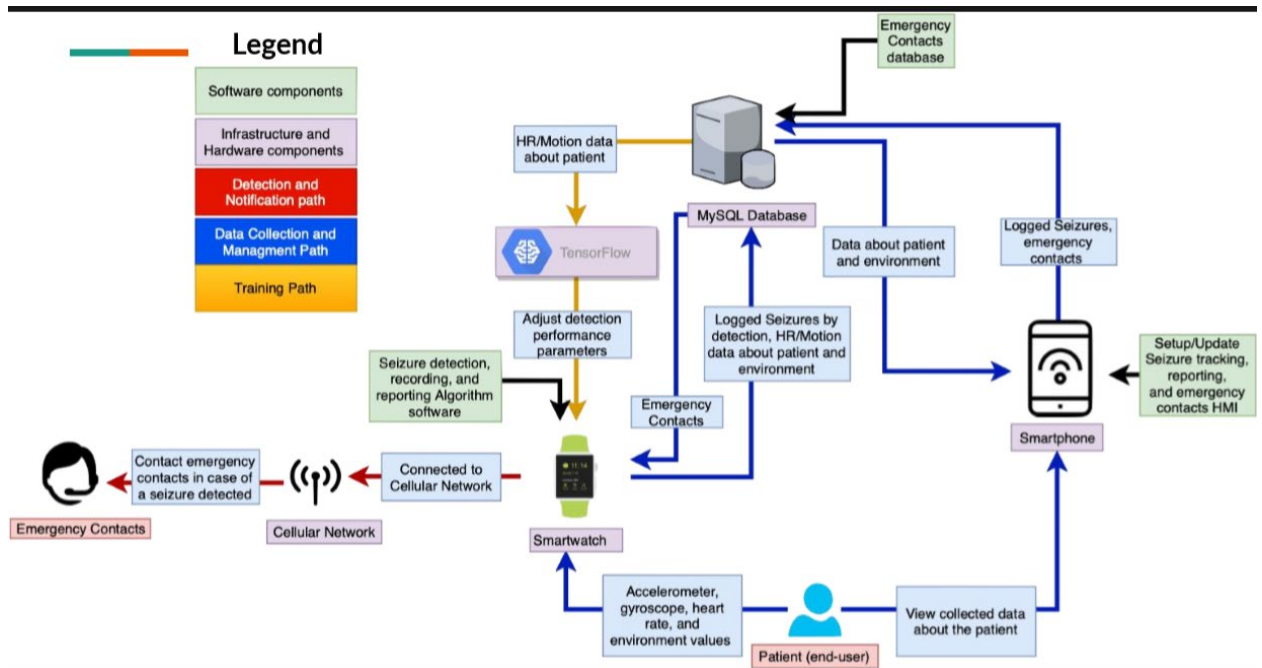


Figure 7: MFCD

## 2.2: Prototype Functional Description

The Prototype Functional Description will provide a summary of the functions that Seizsmart will perform and a general description of what they do. The major functional components of the Seizsmart include the following:

- **Detection Algorithm:** Determining if the patient is having a generalized seizure in real time is the purpose of the detection algorithm. The tools that are going to be utilized for this algorithm are smartwatch sensors and a Trained Neural Network. There will be 3 main parameters for this algorithm. The algorithm will include gyroscope rotational and accelerometer values on the x, y, and z plane as well as time intervals of 5 and 1 minutes, 10 seconds, and the minimum, maximum, and average on these time intervals. The

algorithm will include acceleration values on the x, y, and z plane and time intervals of 5 and 1 minutes, 10 seconds, and the average, minimum, and maximum on these time intervals. Lastly, the algorithm will include heart rate values of 5 and 1 minutes, 10 seconds, and the minimum, maximum, and average on these time intervals. Figure 4 depicts the detection algorithm flow.

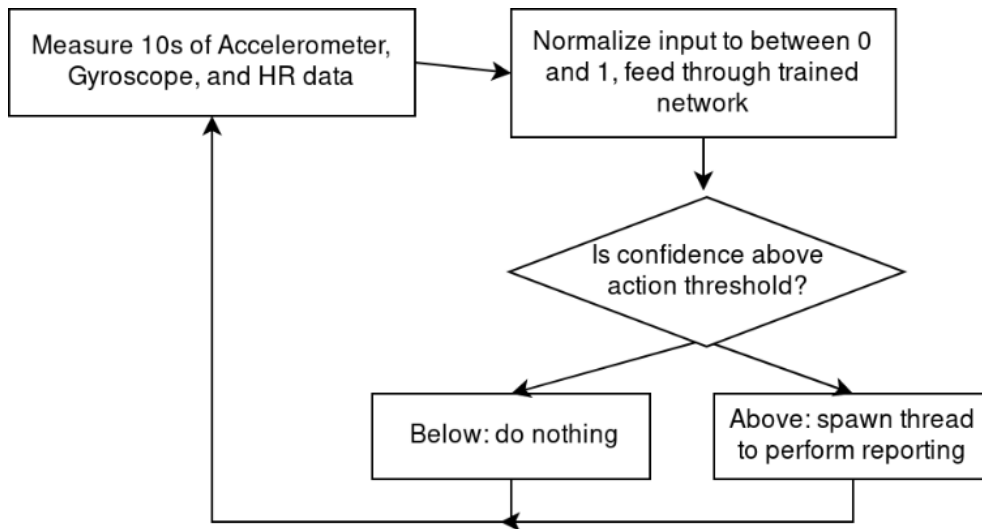


Figure 4: Detection algorithm flow

- Recording algorithm: The purpose of the recording algorithm is to record data related to seizures used in training. The tools that will be used for this algorithm will be SQLite and MySQL. The parameters that will be used for this algorithm are a seizure tag, gyroscope readings, accelerometer readings, and heart rate readings. Figure 5 depicts the recording algorithm flow.

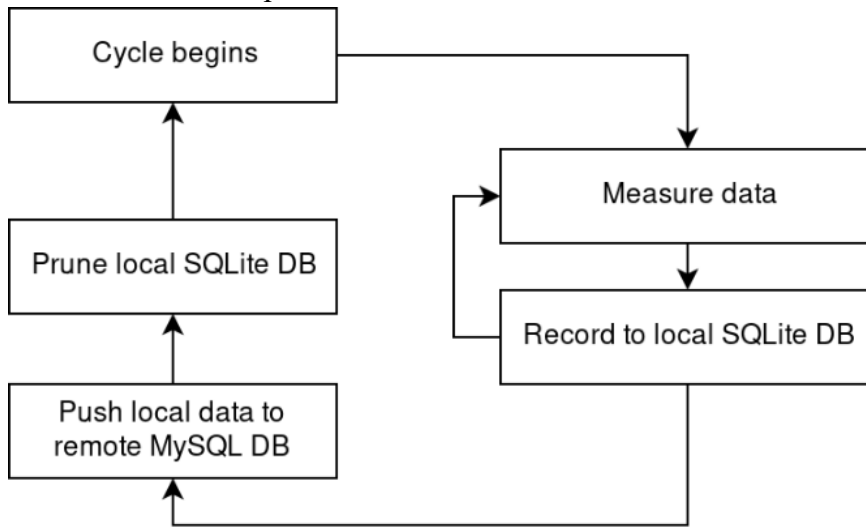


Figure 5: Recording algorithm flow

- Reporting algorithm: The purpose of the reporting algorithm is to make sure that the emergency contact of the patient is notified and depending on the circumstances, the last resort emergency contact. The core tool that will be needed for the algorithm is a smartwatch with a wifi or cellular network. The parameters for this algorithm are the data about the patient: The patient’s heart rate and body motion data, the patient’s location coordinates, the patient’s emergency contact list, and the patient’s last resort emergency contact. Figure 6 depicts the reporting algorithm.

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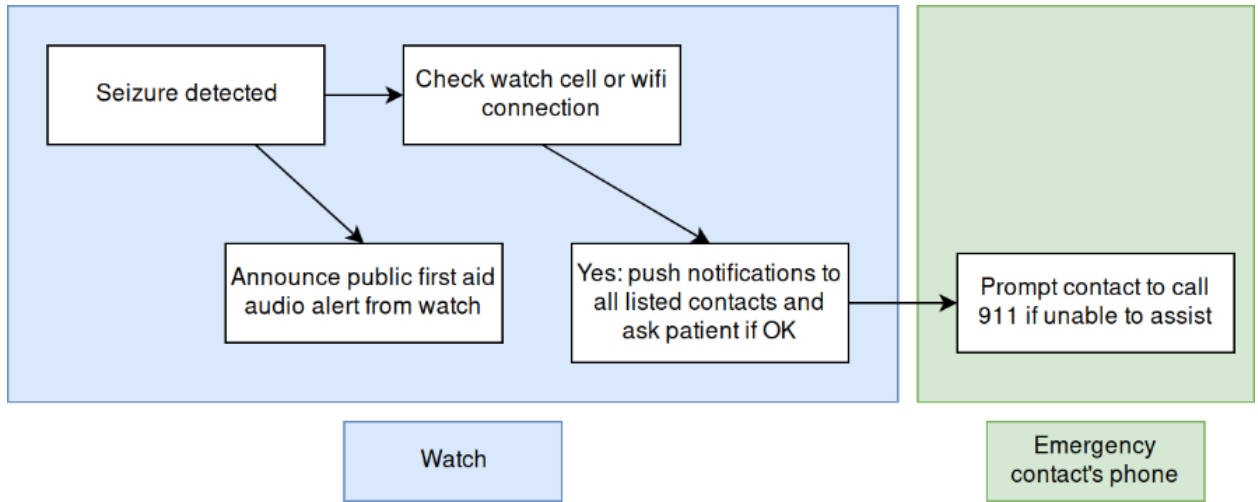


Figure 6: Reporting algorithm flow

### 2.3: External Interfaces

The physical/hardware and logical/software interfaces that Seizsmart will employ will be detailed with the type of information stored and how they will be used to make Seizsmart function.

#### 2.3.1: Hardware Interfaces

The hardware interfaces that are going to be implemented in the prototype of the Seizsmart application are as follows:

Smartphone - This is a main hardware interface that will be used for a multitude of functions such as logging and reporting seizure information and sending the information to the database. More information on the role of the smartphone application will be to: allow users to view data collected from the smartwatch and to allow users to configure the account by allowing them to make emergency contact edits.

Smartwatch - This is a main hardware interface that will be used for a multitude of functions such as detecting and reporting seizures. More information on the main role of the smartwatch application is: to receive false positive feedback, collect data, and perform direct notification over cellular comms.

Accelerometer - This piece of hardware is molded into the smartwatch and measures the forward motion and acceleration of the individual wearing the smartwatch.

Gyroscope - This piece of hardware is molded into the smartwatch and measures the direction and orientation of the individual that is wearing the watch.

Heart rate sensors - These sensors are molded into the smartwatch and measure the heart rate of the individual wearing the watch.

### 2.3.2: Software Interfaces(logical)

The Software interfaces that will be employed are:

Emergency Contacts/ Seizure Detection Database - MySQL will be used for external storage and SQLite will be used for internal smartwatch storage . The user profile database for MySQL will be split into a user profile section and a seizure data section. The user profile database will consist of a name, a user password, detection parameters, a user email, a user id, an emergency contact, and a first responder. The seizure section of the database will be comprised of a seizure tag, gyroscope data, accelerometer data, heart rate data, data on the environment, and a timestamp. The user profile and seizure data sections for the two databases to be developed are the same so the details of the SQLite database will be omitted.

Android Studios - This will be the IDE used to develop the project and will also provide a means to develop the UI/UX.

Java SDK - This is the required java development kit that will be used in conjunction with Android studios to run the project.

Gradle - This will be used as the build manager to help build the project.

Git - This will be used for version control such as pushing and pulling to and from the repository.

Gitlab - This will be used for issue tracking.

JUnit - This will be used for testing purposes.

HTML5/CSS/JS - These tools will be used for the UI/UX of the server.

Vim - This will be used as the IDE for the server

### 2.3.3: User Interfaces

The prototype for Seizsmart will be comprised of a smartphone and smartwatch user interface. Each user interface will be subdivided into its associated screens. The WBS and GUI mockup for the Smartphone and Smartwatch are shown in figures 6 and 7 respectively.

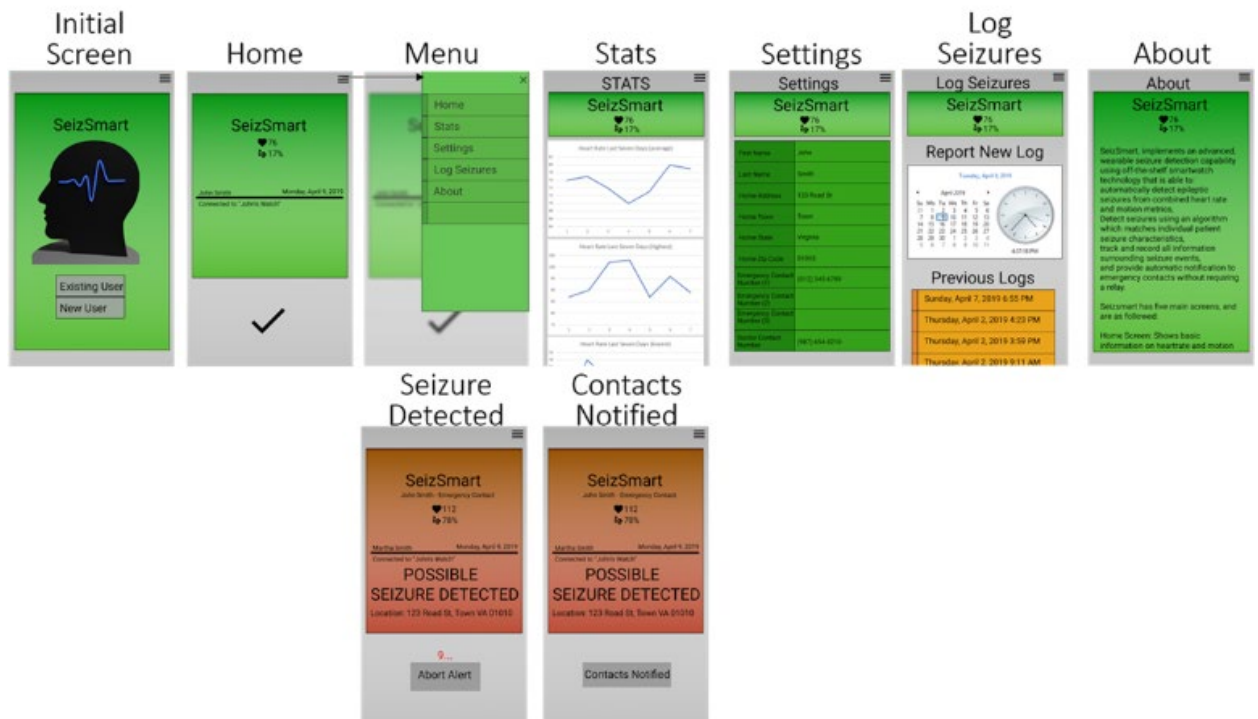
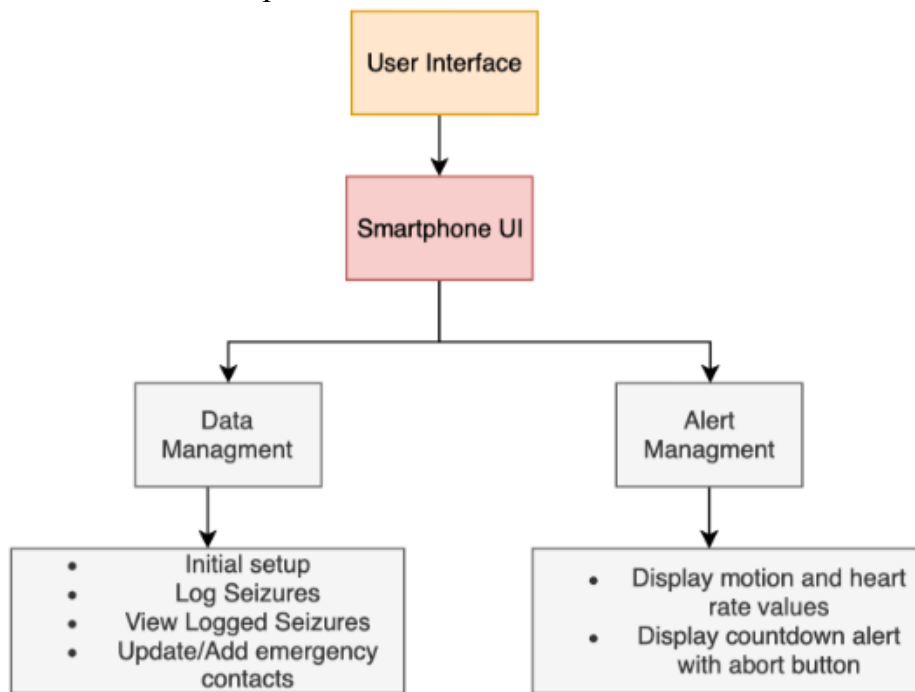
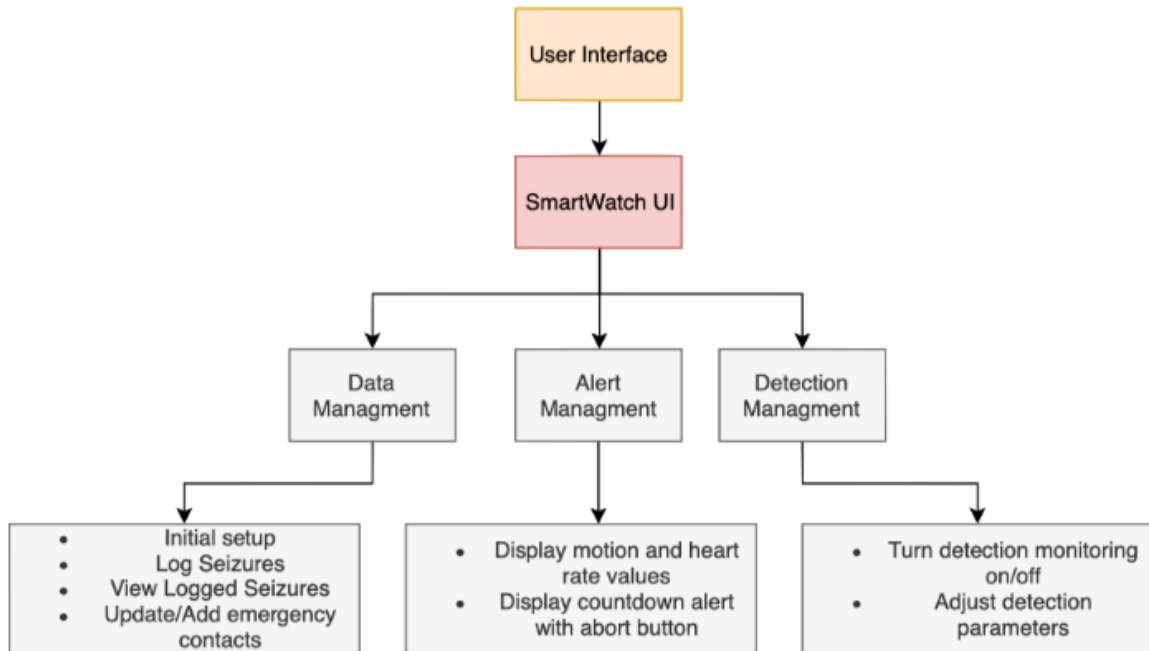


Figure 6: Smartphone WBS/GUI



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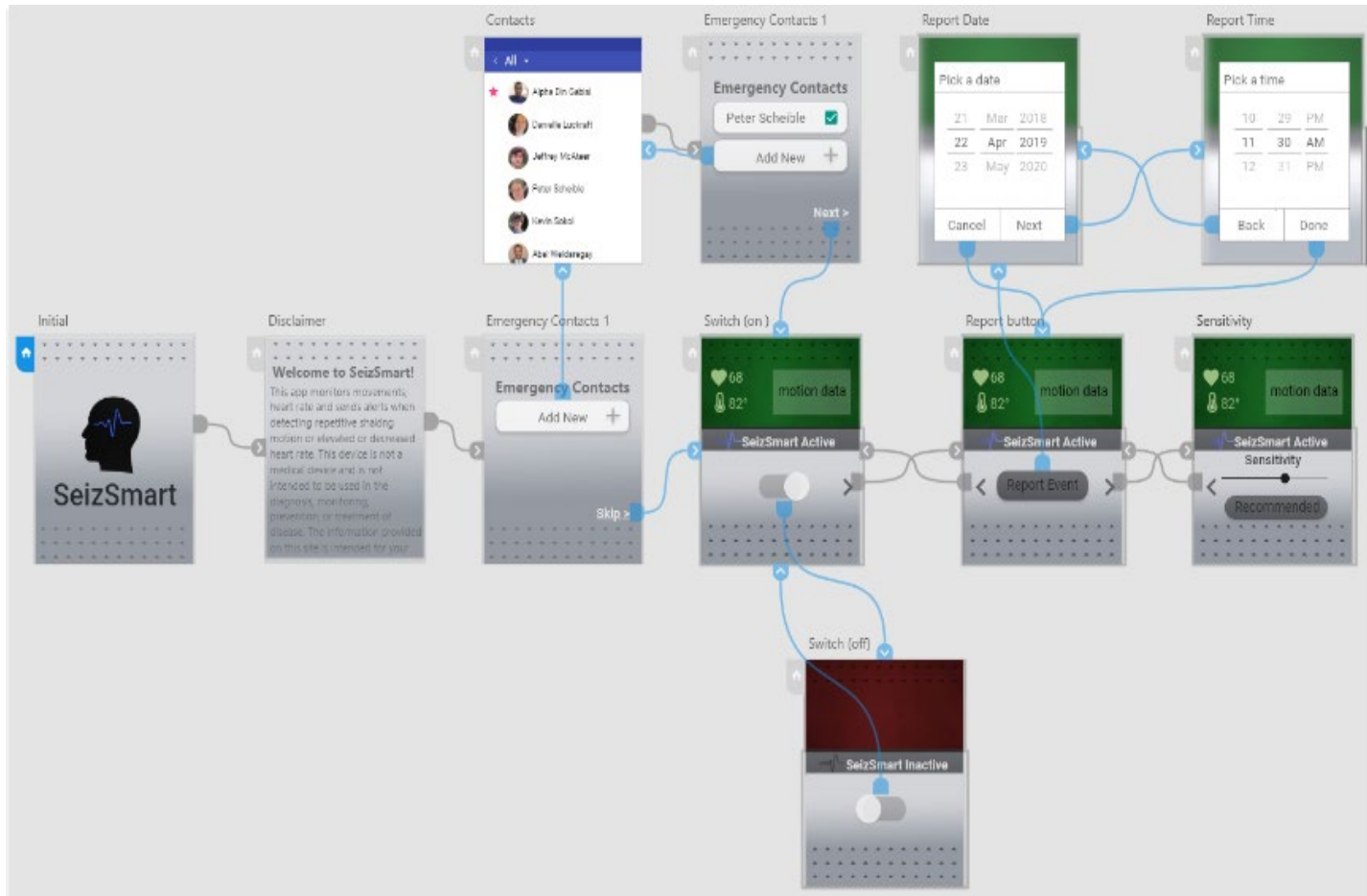


Figure 6: Smartwatch WBS/GUI

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